

COLLEGE DAY REPORT

Mar Thoma College, Tiruvalla

Annual Report – Academic Year 2025–2026

Education has always been the most powerful instrument for shaping society and transforming human lives. As Nelson Mandela once observed, “*Education is the most powerful weapon which you can use to change the world.*” This conviction has guided the mission of Mar Thoma College since its very inception.

Established in 1952, Mar Thoma College began its journey with 250 students and 12 teachers. The foresight and dedication of Most Rev. Dr. Juhanon Mar Thoma Metropolitan, Rt. Rev. Dr. Mathews Mar Athanasius Episcopa, and Sri K. K. Kuruvilla played a crucial role in shaping the character and mission of this college. Their vision continues to inspire us even today. From its humble beginnings, the college has grown steadily in stature and reputation.

On this 74th College Day, I present the 2025-26 Annual Report to our President, Rt. Rev. Dr. Euyakim Mar Coorilos Suffragan Metropolitan; Chief Guest; faculty- former and present; and students.

The College offers 12 Undergraduate programmes, 11 Postgraduate programmes, and 7 Doctoral programmes. The MSc programmes in Microbiology and Biotechnology are offered under self-financing streams. Seven departments are accredited Research Centres of Mahatma Gandhi University. In addition, the College provides PG Diplomas, Diplomas, and Certificate courses through the Institute of Computer Science. We also offer 14 Supplementary Enrichment Programmes.

The 2025-26 University examination results reflect the College’s high standards, highlighting a steady performance and academic discipline across all departments.

Retiring Staff Members

The following staff members are retiring from active service in the college during this year:

1. Dr Ashley Susan Philip (Department of English, 2008-2026)
2. Sri. Shibu Jacob - Senior Superintendent (1997-2026)
3. Sri. Saji Thomas - Lab Assistant(1992-2026)
4. Sri. Alexander Chacko - Lab Assistant(1995-2026)

OBITUARY

We pay homage to the dear ones who passed away during 2025-26 and remember their valuable contributions to the college:

1. Prof. Dr. C. S. Philipose Former Professor & Head of the Department of English
2. Prof O A Cherian, Former Faculty, Department of Chemistry
3. Mr Korah Philip (Administrative Staff)

ACADEMIC AND CO-CURRICULAR ACTIVITIES OF THE COLLEGE

- The Opening Assembly and Student Orientation Programme was held on 2 June 2025 in the College Auditorium. The Chief Guest, George Cheriyan, an alumnus addressed the gathering. On the same day at 1:30 p.m., a Faculty Retreat for the new academic year was conducted. K. K. John delivered the keynote address.
- The 73rd Commemoration Day of Mar Thoma College Tiruvalla was observed on Monday, 21 July 2025. The meeting was presided over by M. S. Daniel. His Grace The Most Rev. Dr. Theodosius Mar Thoma Metropolitan graced the occasion as the Guest of Honour.

- The Christmas Carol Service, titled *The Bethlehem Rhapsody*, was held in the College Chapel of Mar Thoma College Tiruvalla on Wednesday, 17 December 2025 at 2:00 p.m.
- The Annual Academic Audit of Mar Thoma College Tiruvalla was conducted on 20th and 21 st January 2026. The audit was convened by George K Alex, with Rajeev Thomas, Kuncheria P Isaac, and Rajan Varghese as members of the audit team.
- The INAIMAI 2026, the arts festival of Mahatma Gandhi University Kerala, was hosted at Mar Thoma College Tiruvalla from 27 February to 5 March 2026. Students from various affiliated colleges of the university participated in the week-long festival. The campus witnessed a vibrant cultural atmosphere and the various competitions conducted in different venues, highlighted the artistic talents of students across the university.

Notable Student Achievements

- Students of the department of Mathematics and Commerce brought notable recognition to the institution. Ms. Jisha Johnsy ,Ms. Arathy S. Kumar and Jismon K Saji received the Chief Minister’s Student Excellence Award 2026 with a cash prize of ₹1,00,000 each. Mr. Padmachandran S secured First Prize and Ms. Raniya I. P secured Second Prize in the Chief Minister’s Mega Quiz Competition at both the college and district levels.
- CM Research Scholarship for Minority Students: Awarded to research scholars of the Department of Chemistry — Sona Xavier, Ansu Anna Zachariah, Joel Jose, Snehamol K. Shaji, and Betsy George. 12 students of M.Sc. Physics (2024-26) batch, Joel S Philip, Riya Parvin, Rabiya Asharaf, Khadeeja Hiba, Jobin Shaji, Delna Mariam Sabu, Ashish Varghese, Ahalya Ravi, Alby K Stanley, Anju A. Arjun Shaji, Vignesh K.K. have also been awarded the ASPIRE Scholarship 2025–2026 sponsored by the Government of Kerala.
- Ajmal S. III BSc Botany (Model I) and Raniya IP, II BSc Maths secured first Positions in the Chief Minister’s Mega Quiz (District Level).

Faculty Research Milestones

- Dr. Elizabeth Thomas, Guest Faculty, Department of Physics, conferred with PhD degree
- Teaching community credited with ~70 publications in journals and book chapters

INTERNAL QUALITY ASSURANCE CELL (IQAC)

- The Internal Quality Assurance Cell (IQAC) of Mar Thoma College, Tiruvalla, functioned actively during the academic year 2025–2026, promoting quality enhancement, academic excellence, and institutional development through a wide range of programmes and initiatives.
- Student Orientation Programmes
- The IQAC conducted orientation sessions for first-year students to facilitate a smooth transition into academic life.
- An orientation session for first-year PG students was held on 8 July 2025 as part of the Opening Assembly, where Dr. Sonia Anna Zachariah, IQAC Coordinator, introduced students to the academic facilities and support systems of the college.
- The IQAC also organized sessions during the Deeksharambh Induction Programme (14–17 July 2025) for undergraduate students. An Entry Level Assessment Test (ELAT) was conducted as part of this programme.
- Awareness and Counselling Programmes
- The IQAC, in collaboration with the Counselling Centre and Jeevani Centre for Well-being, organized a counselling session on 23 September 2025 on the theme “Changing the Narrative on Suicide”, led by Ms. Janet Mariam Thomas, College Psychologist.

- A District-level Awareness Programme was conducted on 12 December 2025 in association with the Excise Department Vimukthi Mission, Sradha – Nerkootam, and Kerala State AIDS Control Society. The session was handled by Sri Jose Cherian.
- Faculty-Oriented Programmes
- The IQAC organized a Faculty Retreat Programme on 2 June 2025, with Dr. K.K. John as the keynote speaker.
- A Faculty Development Programme on “Faculty’s Impact on Student Placement: Best Practices and Strategies” was conducted on 1 August 2025, led by Dr. Usha Titus, IAS (Retd).
- An Eight-Day NEP Orientation Programme (6–15 October 2025) was conducted online in collaboration with UGC–Malaviya Mission Teacher Training Centre and partner institutions, with around 190 participants from across India.
- The IQAC actively observed important days through meaningful academic and awareness activities.
- International Yoga Day (19 June 2025) was celebrated in collaboration with NSS and the Ayurveda Medical Association, featuring yoga sessions and expert talks.
- National Reading Day was observed through a quiz competition, essay competition, and a special library visit for school students.
- The International Day Against Drug Abuse (2 July 2025) was marked by an awareness class conducted in association with the Social Justice Department and de-addiction centre.
- Quiz competitions were also organized in connection with Basheer Day (18 July 2025) and Hiroshima Day (6 August 2025), promoting awareness and student engagement.
- Regular Activities
- Regular Yoga sessions were conducted every Thursday as part of a wellness initiative.
- The IQAC, in collaboration with the College Library, organized the Quizzards quiz series for PSC aspirants, culminating in a grand finale held on 24 February 2026.
- Skill Development and Career Initiatives
- An orientation programme on “Skill Development and Career Planning” was conducted on 1 August 2025 in association with ASAP Kerala.
- Two NSDC-aligned skill courses—Data Analysis and Assistant Dress Maker—were inaugurated on 17 October 2025 in collaboration with JSS and Youth Skill Employability Training.
- Seminars and Workshops
- The IQAC organized several seminars and workshops during the academic year:
- A National Seminar on “Role of Libraries in the Changing Higher Education Landscape” (18 August 2025)
- A One-Day National e-Seminar on “Hindi in the Global Scenario” (12 September 2025)
- A Workshop on Live Painting and Indian Knowledge (9 October 2025)
- A National Seminar on “Ecocritical Readings: Exploring the Human–Nature Dialectics” (24 October 2025)
- An International Webinar on “Gandhi’s Literature and Gandhi in Literature” (14–15 November 2025)
- A Research and Career Orientation Seminar (30 January 2026)
- Major Institutional Programmes
- Merit Day 2025 was organized on 12 August 2025 to honour university rank holders and A+ achievers.

- The IQAC collaborated with the Science Forum to organize Nobel Talks and an Interschool Nobel Quiz Competition, with participation from multiple schools across districts.
- An International Outreach Programme on “The Science of Self-Sustaining Biospheres” was conducted on 24 January 2026 in collaboration with international partners, promoting global academic engagement.
- The IQAC organized two sessions of the Human Library Project.
The first session (6 November 2025) featured Rev. Fr. Bobby Jose Kattikadu, focusing on life, philosophy, and personal formation.
The second session (30 January 2026) featured Dr. Reshmy Rajasekharan, who shared insights on gender dynamics and professional identity.
- Academic Audit
The Annual Academic Audit was conducted on 20 and 21 January 2026 by an expert committee.
The IQAC published the College Calendar 2026, Academic Calendar 2025–26, and regularly released the newsletter MTC Pulse and its video version Rhythm of the Campus.
- Data submissions for KIRF, NIRF, AISHE, AKHES, and other institutional requirements were completed on time.

DEPARTMENTS

During the academic year 2025–2026, various departments of Mar Thoma College Tiruvalla organized a wide range of academic, co-curricular, and extension activities that enriched the learning environment of the institution.

DEPARTMENT OF BOTANY

The PG and Research Department of Botany undertook a wide range of academic, environmental, and community-oriented activities during the academic year 2025–2026, promoting experiential learning and social responsibility.

The year commenced with the inauguration of the Botany Association on 4 June 2025 by Mr. John P., Deputy Range Forest Officer, who also initiated a medicinal plant distribution programme. In connection with World Environment Day, indigenous medicinal plants were distributed to the Rotary Club, Paippad, and an Ethnobotanic Garden was established at Mar Thoma Central School, Kaviyoor.

Sustainability initiatives included the “Shallots from Botany” fundraiser and a Sustainable Waste Management Model using organic waste as fertilizer. Cultural programmes such as Onasadya and Christmas celebrations strengthened departmental bonding.

Field-based learning was enhanced through an algal tour to Thirumullavaram, an ecological visit to Vagamon, a nature camp at Achenkovil forests, and a study tour to Wayanad and Ooty. An industrial visit to Homegrown Nursery provided exposure to horticulture practices.

Academic engagement included a science exhibition at Syrian Jacobite Public School, skill training in microtechnique by Dr. Neeta N. Nair, the Prof. Thomas Mathew Endowment Seminar on marine conservation, and a seminar on “Herbarium to High-Tech” by Dr. Biju Dharmapalan. The department also signed MoUs with CEPCL, Pushpagiri College of Pharmacy, and Rotary Club, Paippad.

Faculty Achievements

- Dr. Sonia Anna Zachariah – Published multiple articles on lichen diversity and plant studies in national and international journals (2025–26).
- Dr. Anitha Jose – Published research on iron removal and antimicrobial activity in *J. Mater. Environ. Sci.* (2025).
- Dr. Jacob Thomas – Published research on selenium nanoparticles in *Results in Surfaces and Interfaces* (2025).
- Dr. Susan Kuriakose & Dr. Jacob Thomas – Published on global diversity of *Prillieuxina* species (2025).
- Dr. Sumayya Abdul Rahim – Published article on *Cladophora* in *Indian Hydrobiology* (2025).
- Dr. Shiji Joseph & Dr. Neeta N. Nair – Published research on soil mycoflora in *J. Mycopathol. Res.* (2025).
- Dr. Sumayya Abdul Rahim – Paper presentations and abstract publications at international and national seminars including ICPPFB-25 (Kannur), Christian College Chengannur (Oct 2025), and CMS College Kottayam (Jan 2026).
- Dr. Jacob Thomas – Presented research on fungal parasites of *Maesa indica* at national seminars/workshops including Biome 2K25 and Govt. College Elanthoor (2025).
- Dr. Jacob Thomas – Delivered invited talks on wildlife management, biodiversity conservation, and medicinal plants at Kerala Forest Department programmes, GVHSS Puramattom, and Mangalore University Conference (2025).
- Ms. Anu K Johnson & Dr. Jacob Thomas – Presented papers on biodiversity conservation and fungal taxonomy at Biome 2K25 and Mangalore University Conference (Dec 2025).

Student Achievements

- Mr. Yeduraj PK (II M.Sc. Botany) – Presented paper at National Conference on Biotechnology and Bioinformatics, VFSTR, Andhra Pradesh (April 2025).
- Ms. Aparna S (II M.Sc. Botany) – Paper presentation and abstract publication, International Conference (MBNHA 2025), Nagaland University (May 2025).
- Ms. Daliya Vinod KP (II M.Sc. Botany) – Paper presentation and abstract publication, International Conference (MBNHA 2025), Nagaland University (May 2025).
- Mr. Ajmal S (III B.Sc. Botany) – First Prize, Chief Minister's Mega Quiz (District Level); Second Prize, Intercollegiate Quiz (Muses); Second Prize, Reading Day Essay.
- Ms. Chandanalekshmi Santhosh (III B.Sc. Botany) – Second Prize, Chief Minister's Mega Quiz (District Level).
- Mr. Ajmal S & Ms. Chandanalekshmi Santhosh – Second Prize, Kerala Forest Department Wildlife Quiz; First Prize, Reading Day Quiz; Second Prize, Hiroshima Quiz.

DEPARTMENT OF BIOSCIENCES

During the academic year 2025–2026, the Department of Biosciences actively engaged in a range of academic, co-curricular, and extension activities aimed at enhancing student learning, research exposure, and community engagement.

The department organized a Pharmaceutical Training Programme covering Quality Assurance (QA), Quality Control (QC), Research & Development (R&D), Regulatory Affairs, and Clinical Research, in which all enrolled students successfully completed the programme. As part of its flagship Eminent Guest Lecture Series (EGS), the department hosted distinguished speakers including Dr. Robin Mathew (Kenvue Inc., USA) and Dr. Eapen Daniel (University of Pennsylvania), who delivered insightful sessions connecting classroom science with real-world applications and advancements in genomics and digital biology.

Extension and outreach activities formed a significant component of departmental engagement. A Water Analysis Camp was conducted to assess the quality of local drinking water sources, where postgraduate students actively participated in microbiological and physicochemical analysis, contributing to awareness on clean water and sanitation (SDG 6). The department also organized a Food Exhibition, providing students with a platform to showcase their knowledge and innovation in food science while fostering industry-oriented skills.

The department maintained strong academic collaborations through MoUs with organizations such as ICAR, IECB, airis4D, and CRESCO SAFE Pvt. Ltd., facilitating research opportunities, internships, and skill-based training. Students also undertook project work and internships in reputed national institutions including CSIR labs, Institute of Advanced Virology, MGU Schools, and other research centres, gaining valuable practical exposure.

In the area of research and publication, faculty members contributed to international journals and edited volumes, while students also demonstrated research aptitude through publications. The department further promoted academic writing and dissemination through its biannual journal “BIOVERVE,” with its inaugural issue scheduled for release in March 2026.

Faculty Achievements

- Mr. Harish R. – Appointed as State Coordinator, Kerala Unit, *Microbiologists Society of India (MBSI)*.
- Mr. Harish R. & Dr. Jeny Tharian – Successfully completed NEP-2020 Orientation Programme conducted by UGC-MMTC, University of Calicut.
- Dr. Jaya Vinny Eapen, Dr. Paul George, Dr. Sweety Thomas & Dr. Jayesh Antony – Published research article on breast cancer therapy in *ASPET Discovery* (2025).
- Dr. Sruthi J. Nair and team – Published research on eco-friendly composite materials in an edited volume (2025).

Student Achievements

- Aiswarya S. – Selected as QC Trainee at Kerala State Drugs & Pharmaceuticals.
- Akash Raj R. – Selected as Trainee at Dr. John’s Biotech Lab.
- Aparna Padmakumar – Selected as Microbiologist Trainee at Kerala State Drugs & Pharmaceuticals.
- Devika V. – Selected as Trainee at Indian Institute of Spices Research.
- Krishna Raj P. – Selected as Apprentice at CPRC, Chennai.
- Pradhik T. – Selected as Microbiologist Trainee at Centre for Medicinal Plant Research, Arya Vaidyashala.
- Sruthi S. – Selected as Microbiologist Trainee at TMM Hospital, Thiruvalla.
- Ajal Ajayan – Selected as QC Trainee at Kerala State Drugs & Pharmaceuticals.
- Arya Biju – Appointed as Microbiologist at Believers Church Medical College Hospital.
- Athira S. – Selected as Microbiologist Trainee at Pushpagiri Medical College Hospital.
- Ayona M. – Selected as Microbiologist Trainee at NUPAL Remedies Pvt. Ltd.
- Lena Basheer P.B. – Appointed as Food Safety Faculty at Nexora Academy.
- Noufiya A. Hakkim – Selected as Microbiologist Trainee at Aster Labs Medicity.
- Raimy Susan Rejin – Established as Entrepreneur (Bakery & Confectionery Business).
- Rashim Rasheed – Appointed as Lab Technician cum Chemist at Falcon Laboratories LLC, Dubai.

Sreelekshmi V. Nair – Appointed as Microbiologist at Believers Church Medical College Hospital.

DEPARTMENT OF CHEMISTRY

During the academic year 2025–2026, the Department of Chemistry organized a wide range of academic, outreach, and co-curricular programmes. Major initiatives included the *Mastermind Moments* lecture series featuring an international speaker from the University of Oslo, and the 28th Prof. V. V. Achenkunju Memorial Seminar, which included expert talks on nanomaterials and research development. The department conducted the innovative outreach programme “*Schoolilekkoru Shastravandi*” (*Science Bus to School*), reaching nine schools and promoting scientific curiosity through demonstrations. A one-day workshop, “*Cognito: Discover the Scientist in You*,” was organized for gifted school students to introduce advanced concepts and career pathways in chemistry. The Human Library Project, conducted in two chapters- featuring Rev. Fr. Bobby Jose Kattikadu and Dr. Reshmy Rajasekharan, further created a platform for experiential learning through personal narratives.

The Mastermind Moments programme, which facilitated interaction between students and international scientists, featured scientists like Dr. Nishamol Kuriakose from the University of Oslo. The department also organized the 28th Prof. V. V. Achenkunju Memorial Science Seminar & Merit Evening. In addition, the department conducted the Career Door Opener Workshop (February 11, 2026) to guide students in career planning and professional skills. The department organized Environment Day and Hiroshima–Nagasaki Day observances, a Chemistry Association inaugural lecture on emerging research areas, and a Career Door Opener Workshop focusing on employability skills. Academic enrichment was supported through certificate programmes in computational modelling and water analysis, along with internships and collaborations with institutions such as CIPET, Koodankulam Nuclear Power Project, and international partners. The department also actively sustained student creativity through its manuscript “*Crucible*.”

Faculty Achievements

- Dr. Ajesh K. Zachariah (corresponding author): "High-quantum-yield fluorescent carbon dots from *Gliricidia sepium* as Fe(III)/Cr(VI) dual ion sensor via metal-induced bathochromic shift." *Microchemical Journal* (Elsevier, Q1, IF=5.1), 221 (2026) 116852. Also, book chapter: "Ecofriendly Composite Mats..." in *Exploring the Cosmos...* (Edupeia, ISBN: 978-93-92585-50-0), pp. 19-35. Board of Studies member (Chemistry, St. Thomas College, Kozhencherry; St. Aloysius College, Edathua).
- Dr. Josmin P. Jose: Invited Speaker, ICASM 2025 (Qatar University); Board of Studies, Assumption College; NEP Orientation (UGC-MMTTC, Calicut); Short Term Programme on Mental Health (MMTTC, Madhya Pradesh).
- Merin Sara Thomas: Book chapter: "Green Nanotechnology for Water Purification" in *Green Nanotechnology Applications...* (Springer, 2025), pp. 173-202; NEP Orientation (UGC-MMTTC, Calicut).
- Dr. Shaji Varghese: "Amino Acid Functionalized Eggshell..." *J. Mater. Environ. Sci.*, 16(10), 1770-1787; NEP Orientation (UGC-MMTTC, Calicut).
- Sreen Thomas: Book chapter: "Solar-powered Photocatalytic Dye Degradation..." in *Climate Crisis and Consciousness 2025*, pp. 41-69; Paper presentation, BODHI-IMSC 2025; NEP Orientation (UGC-MMTTC, Calicut).

Student Achievements

- Hanna Rachel Shibu (II M.Sc. Analytical Chemistry) – Secured A Grade in Tamil Recitation at University Youth Festival.
- Nikhil S. (II FYUGP B.Sc. Hons Chemistry) – Participated in State Level NSS Adventure Camp (MGU, Kottayam).

Research Scholar Achievements

- Arun John: Co-authored publication in *Microchemical Journal* (Elsevier, Q1, IF=5.1), 221 (2026) 116852.
- Ansu Anna Zacharia: First Prize in Oral Presentation, NGM-2025 (SERB/ANRF-funded); CM Research Scholarship (minority).
- Sona Xavier, Joel Jose, Snehamol K. Shaji, Betsy George: CM Research Scholarships (minority students).

DEPARTMENT OF COMMERCE

The Department of Commerce, Mar Thoma College, Tiruvalla, marked 25 years of academic excellence, continuing its focus on quality education and skill development.

During the academic year 2025–2026, the department organized several initiatives for holistic student growth. The Commerce Association was inaugurated on 4 August 2025 by alumnus Mr. Sunil Thomas Cherian, who shared insights on entrepreneurship and career building.

Students achieved notable academic success, with Miss Reshma Rajesh and Miss Theerthaya T. A securing 6th and 7th ranks in B.Com Model II, and Miss Stephy Yohannan securing 9th rank in B.Com Model I (MG University, 2024–25). Miss Jiya V. Jiji, Miss Gowri Nandana, and Mr. Vignesh M. Nair emerged as A+ holders.

Skill development and career readiness were strengthened through regular guidance sessions on professional courses such as CA, CMA, and ACCA. Student-led initiatives like *BIZ Chat* encouraged discussions, debates, and business awareness. The Stock Market Club and Friday Market provided practical exposure to trading, entrepreneurship, and marketing.

A key academic event was the 10th edition of *BUD-Talk* (10 February 2026), led by Prof. Dr. Mohan Varghese, focusing on Union and Kerala State Budgets. The department also promoted cultural engagement through Onam and Christmas celebrations.

An add-on course, Diploma in Banking & Financial Services, introduced in collaboration with G-Tech Education Pvt. Ltd., further enhanced students' employability and industry readiness.

Faculty Achievements

- Ms Nitha K Vinod presented a paper at Gyan Samavesh- The National Multidisciplinary Research Conclave 2026
- Dr Thankom T Philip published a research article in Shodh Sarita : An International Bilingual Peer Reviewed Refereed Research Journal

Student Achievements

- Miss Reshma Rajesh secured 6th Rank in B.Com Model II Computer Application in the MG University Examinations (2024–25).
- Miss Theerthaya T. A secured 7th Rank in B.Com Model II Computer Application in the MG University Examinations (2024–25).
- Miss Stephy Yohannan secured 9th Rank in B.Com Model I Finance & Taxation in the MG University Examinations (2024–25).

DEPARTMENT OF COMPUTER APPLICATION

During this academic year, the department strengthened its curriculum by introducing two MDC courses, along with one SEC and Minor courses for FYUGP students, thereby aligning with the evolving educational framework and enhancing interdisciplinary learning.

The department actively participated in the Mar Thoma Multidisciplinary Expo “INFINITY”, where students and faculty showcased innovative ideas and technological advancements. The interactive stall highlighted recent developments in computer applications and attracted wide

engagement from visitors, providing students with an opportunity to demonstrate their skills and knowledge.

In line with its focus on skill development, the department organized a training session on MS Excel, led by faculty member Animol Thomas. The session equipped students with practical skills in data management, analysis, and presentation, which are essential in today's digital environment.

A notable hands-on learning initiative was the workshop titled "Inside the PC: Hardware Familiarization and Maintenance", conducted on 10th February 2026 in association with the Institute of Computer Science. The session was handled by Technical Expert Mr. Sreenarayanan and witnessed active participation from 33 students. The workshop provided practical exposure to computer hardware components and maintenance techniques.

To further enhance employability, the department offered add-on certification programmes including MS Office Certification, Python Programming Certification, and Diploma in Computer Applications (DCA) in collaboration with the Institute of Computer Science.

DEPARTMENT OF PHYSICS

The Department of Physics, Mar Thoma College, Tiruvalla, continued its commitment to academic excellence, research, and outreach during the academic year 2025–2026.

A major milestone was the awarding of Ph.D. degrees to Vineeth S. (posthumously) and Elizabeth Thomas under the guidance of Dr. Noble P. Abraham, reflecting the department's strong research culture. The Silver Jubilee of the Research Centre was celebrated on 6 October 2025 with a seminar and research presentations, featuring a keynote by Prof. Dr. Nandakumar Kalarikkal. The department also released *Knowledge Snippets* (July 2025), compiling student research abstracts. Faculty contributions included research publications and Dr. Navya Sara Kuriyan receiving the M.R. Anantharaman Endowment Best Paper Award (2025).

Students achieved notable success through internships at institutions such as NSTL-DRDO and IMD Kochi, participation in national and international conferences, and achievements in competitions. Career progression remained strong, with selections under the Agniveer scheme and placement as Graduate Apprentice at VSSC. Academic activities included orientation programmes, Physics Association events, and observance of National Space Day and World Space Week. Outreach initiatives like *PhysiXplore 2025* engaged school students through hands-on science demonstrations.

The Seventh Prof. Chellamma Mathew Memorial Lecture was also organised by the Department of Physics as part of the National Conference on Smart Energy, Sustainable Development and AI-Applications on 19 February 2026.

Faculty Achievements

- Dr. Noble P. Abraham guided two Ph.D. awardees, Vineeth S. (posthumously) and Elizabeth Thomas.
- Angel Susan Cherian co-authored a book chapter on noble metal-based catalysts for water splitting in *Photochemical Splitting of Water: Fundamentals to Applications*, Elsevier Publications (2025).
- Student Achievements
- Dr. I. John Berlin edited the book *Emerging Trends in Sustainable Energy, Materials and Environment* (ISBN: 978-93-344-2583-3), published by UGC-MMTTC, University of Kerala.
- John Berlin, Sreya, Sinu Salilan, Adithyan A., Anjana S. Raj, Jubia George, and Yamuna Krishnan co-authored a book chapter on ferromagnetic behaviour of ZrO₂ & ZrO₂-ZnO

nanoparticles for spintronics applications, published by UGC-MMTTC, University of Kerala.

- Avneesh Kumar, Ajeet Gupta, Arun Kumar, Arun Vinod, Himanshu Sharma, Mudit P. Srivastava, and Devendra Kumar Rana published a research article on photo sensing properties of heterojunction thin films in *ECS Journal of Solid State Science and Technology* (2025).
- Lekshmi Krishna, Paulose Thomas, Angel Susan Cherian, and Anju K. Nair co-authored a book chapter on noble metal-based catalysts for water splitting in *Photochemical Splitting of Water: Fundamentals to Applications*, Elsevier Publications (2025).
- Anju K. Nair, Kala M. S., and Nandakumar Kalarikkal co-authored a book chapter on strongly correlated doped graphene systems in *Advances in Highly Correlated Systems*, River Publishers (2025).
- Princemon Philip, Ajesh K. Zachariah, and Anju K. Nair co-authored a book chapter on photovoltaic electrochemical integration for water-splitting in *Photochemical Splitting of Water: Fundamentals to Applications*, Elsevier Publications (2025).
- Dr. Navya Sara Kuriyan received the M.R. Anantharaman (MRA) Endowment Best Paper Award 2025, instituted by the Physics CUSAT Alumni Association.

Student Achievements

- Joel S. Philip and Riya Parvin C. S. (I M.Sc. Physics) were selected for an internship at NSTL-DRDO, Visakhapatnam.
- M. Krishnagadha (II M.Sc. Physics) was selected for an internship at the Meteorological Centre, IMD, Kochi.
- Anju A. (II M.Sc. Physics) achieved success in the District Level “Pounce Champion – Power Quiz 2025” organized by the KSEB Officers’ Association.
- Indu Reena Varghese (Research Scholar) secured first prize in the poster presentation at the Research Colloquium conducted by the R&D Cell, Mar Thoma College, Tiruvalla.
- Anuja Vijayan (Research Scholar) secured third prize in the poster presentation at the same Research Colloquium.
- Swathy Satheesh (I M.Sc. Physics) presented a research poster at the International Conference ICEMES 2025 at Bharata Mata College, Thrikkakara.
- Alby K. Stanly and Jobin Shaji (II M.Sc. Physics) presented a research poster at the Heartian Research Congress 2026, Sacred Heart College, Thevara.
- Vignesh K. S. and Joel S. Philip (II M.Sc. Physics) presented a research poster on the Quantum Zeno effect at the Heartian Research Congress 2026.
- Sreyas Senan and Jithu V. C. were selected under the Agniveer scheme of the Indian Army.
- Aswathy Prasad (M.Sc. Physics 2023–25) was placed as Graduate Apprentice at VSSC.
- Geoffrey Stan Thomas (M.Sc. Physics 2022–24) secured first prize in the Experimental Physics category at the APT Project Symposium organized by the Academy of Physics Teachers, Kerala.

DEPARTMENT OF HINDI

During the academic year 2025–2026, the Department of Hindi organized and participated in several academic and cultural initiatives to promote Hindi language and literature. Premchand Jayanti was celebrated on 5 August 2025 with cultural programmes, during which a manuscript magazine was released, encouraging student creativity. A National Seminar on “*Vaishwik Paridrishy Me Hindi*” was conducted on 12 September 2025 in collaboration with IQAC and

Hindi Sahchar Sagadan, New Delhi. The Department also organized an International Seminar on 14–15 November 2025 in collaboration with IQAC and four other institutions. Additionally, an MoU was signed with Hindi Prachar Sabha, Thiruvananthapuram, on 11 August 2025, strengthening academic collaboration.

Faculty Achievements

Dr. Litty Yohannan completed the NEP 2020 Orientation and Sensitization Programme conducted by the UGC–Malaviya Mission Teacher Training Centre, University of Calicut, and presented research papers at national and international seminars. Dr. Sreelatha P. V. published a research article in an international peer-reviewed journal (ISSN 2321-8037) and participated in a national-level Faculty Development Programme.

DEPARTMENT OF ECONOMICS

The Department of Economics maintained an active academic environment during the year 2025–2026, combining classroom learning with skill development, research, and student engagement. At the beginning of the academic year, the department organized orientation and soft skill training sessions to help students adapt and grow. A session titled *Sharpen Your Focus: Strategies for Effective Learning* was conducted on 4th August 2025 by Ms. Karuna Elsy Thomas for second and third year students, benefiting 45 participants. This was followed by a comprehensive training programme, *The First Step: Building Skills, Shaping Futures*, held on 5th August 2025 at the College Seminar Hall. Rev. Rency Thomas George led the session on *Skills That Set You Apart*, while Dr. Thomson K Alex handled *Your Journey, Your Direction*, focusing on career awareness and personal growth.

The department also ensured exposure to real-world financial systems through an Investor Awareness Programme conducted on 23rd February 2026 in association with SEBI and the Bombay Stock Exchange. The session, led by Dr. Arun Mathew, introduced students to investment practices and financial literacy. Academic enrichment was further strengthened through seminars and lectures. A discussion on the Union Budget and Kerala State Budget 2026 was held on 11th February 2026, with Mrs. Linchu Elizabeth Samuel as the resource person. The 29th Annual Lecture of the department, conducted on 25th February 2026, featured Dr. Deepak Johnson K, who spoke on agricultural profitability using multiple data sources, with active academic participation from faculty and students. The department also focused on supporting student progress and achievement. Meenu S of I MA Economics qualified the UGC NET (December 2025) in the PhD category. Internship opportunities were encouraged, with Ms. Noorbina E successfully completing her training at Makkaraparamba Service Co-operative Bank during May 2025. Co-curricular engagement remained vibrant, with the department organizing Onam celebrations and participating in the MG University Kalolsavam cultural procession. The annual department manuscript *Economic Horizon 2025–26* was also published, providing a platform for student writing and creativity. Students actively participated in extension activities through NSS and NCC. Among them, Mr. Ajith P S was selected for the prestigious All India Thal Sainik Camp, marking a significant achievement.

Faculty Achievements

- Mr. Anoop Koshy George, Assistant Professor & HoD, participated in a UGC-sponsored Refresher Course on E-Commerce, FinTech, and Digital Payment Ecosystems (16–30 June 2025). Aravind Sankar N., Assistant Professor, Department of Economics, published a research paper titled Welfare Implications of Poverty Eradication through Employment Guarantee: A Case Study on MGNREGS in IOSR Journal of Economics and Finance ISSN 2321-5925, Vol. 16, Issue 5 (Sep-Oct 2025) .

- Dr. Liji Samuel, Assistant Professor, Department of Economics, published a research article title Role of Kudumbashree Project in Women Empowerment through Micro Financing – with Special Reference to Niranam Panchayat in the journal Rational Discourse -A Multidisciplinary Refereed Journal of Current Research and Studies.
- Ancy John, Assistant Professor (on contract), Department of Economics, published a research article title From Colonial Roots to Contemporary Struggles: The Journey of Tea Plantation Labourers in Kerala in the Proceedings of the South Indian History Congress, ISSN No.:2229-3671.
- Anoop Koshy George, Assistant Professor & HOD, Department of Economics, delivered an invited talk on the topic Professionalizing Economics: Skills, Tools, and Career Pathways, organized by the Department of Economics, in connection with the Merit Day Celebrations held on 10th February, 2026.
- Dr. Liji Samuel, Assistant Professor, Department of Economics, delivered an invited talk on the topic Bridging the Gap: A GIS Based Framework for Multi Scalar Flood Vulnerability and Risk Assessment in Local Governance at Department of Economics, Government College Ambalapuzha, Alappuzha, Kerala
- Mr Georgi Mathew Varughese published a research article titled “Educational Migration and Its Economic Impacts :A study on Brain Drain, Human Capital Formation, and Regional Inequality” in *International Education and Research Journal*.
- Ms Jincy Joseph published a research paper titled “Impact of Cpses' Performance on Economic Growth in India: An Empirical Review” in *International Journal for Multidisciplinary Research*

Student Achievements

- Ms. Tania S John (BA Economics 2023–26) was honoured by TALKS INDIA as an *Outstanding Talent and Innovator* for her creativity and contribution towards a knowledge-driven India.
- Ms. Tania S John also secured Second Prize in the Intercollegiate Paper Presentation Competition organized by the Department of Economics, Christian College, Chengannur (27 November 2025).
- Ms. Anju Mary Thomas [BA (Hons) Economics 2024–28] won Third Prize in the Hiroshima Day Quiz Competition conducted by IQAC and the College Library (6 August 2025).
- Ms. Anju Mary Thomas participated in the Online Quiz on Slogans of India conducted on MyBharat by the Ministry of Youth Affairs and Sports (2 March 2026).
- Ms. Anju Mary Thomas also participated in the MyBharat Budget Quest 2026 online quiz (8 February 2026).
- Ms. Gopika K R (BA Economics 2023–26) represented Kerala Hockey in the 15th Hockey India Senior Women National Championship 2025 held in Haryana (1–12 March 2025).
- Ms. Preshyamol S L (BA Economics 2023–26) also represented Kerala Hockey in the same national championship.
- Mr. Ajith P S [BA (Hons) Economics 2024–28] was selected for the All India Thal Sainik Camp (NCC).
- Meenu S (I MA Economics 2025–27) qualified UGC NET (December 2025) in the PhD category.
- Ms. Noorbina E (MA Economics 2024–26) successfully completed an internship at Makkaraparamba Service Co-operative Bank Ltd. (1–31 May 2025).

- Dr. Anishkumar P T was awarded a PhD from Mahatma Gandhi University, Kottayam (January 2026).
- Dr. Aloshious Xavier was awarded a PhD from Mahatma Gandhi University, Kottayam (February 2026).

DEPARTMENT OF HISTORY

The Department offers undergraduate programme in history. It is the most sought-after department for pursuing undergraduate program under M G University, Kottayam. Currently, there are four faculty members working in the department. 78 students are pursuing undergraduate program. The department is specialising in the local history of Tiruvalla. Curricular and co-curricular activities have been conducted to generate interest among students on the collective past. On 5th June 2025, an environmental protection awareness program was held under the auspicious of History Association. The Association took initiative to distribute saplings among the college fraternity. An invited lecture on “Does Science Have a History” was conducted as a part of the signature course provided by the department under the title Science and Technology studies. Dr. Shiju Sam Varughese, Associate Professor, Central University of Gujarat delivered the main talk. Under the program of Alumni Mentor, Mr. Renjish Raju, Alumnus of the department engaged with student on 6 October 2025. The department also took initiative for life skill training. Collaborating with SCMI-Kerala region, four sessions were organised to impart life skill to student. Mr. Lovewin k Cherian served as the main resource person. On 3 February 2026, the department in association with the Brains trust conducted a documentary screening ‘Saving Waldens world’. The director of the documentary, Mr jim Merckel led the discussion. A seminar on Local history of Tiruvalla was organised on 4 February 2026. Mr. Pallikonam Rajeev and Dr. Jithin Sankar delivered the lectures on the local history of Tiruvalla. The Fourth Prof. P.S. Zachariah Endowment Lecture was held on 25 February 2026. Dr. K.S. Hakim delivered the main talk on “Texts in Time: Literature as Social History”. The department has also made a proposal before the college management to coordinate the civil service examination orientation program for the college. The classes may begin in the next academic year.

Faculty Achievements

- Dr. Mathew Sam – Publication in *Emotions: History, Culture, Society* (2025).
- Dr. K. M. Vishnu Namboodiri – Multiple publications in *tripleC*, *Journal of East-West Thought*, *Studia Krytyczne*, and *EPW* (2025).
- Dr. G. K. Agney – 4 Scopus publications; international presentation; invited lecture; quiz master & state panel member; master trainer (LAC 2026); reviewer (*Contemporary South Asia*).

Student Achievements

- Shamila M – Football tournament winner; represented university at South Zone Inter-University level.
- Devika Jaimon – Recipient of *Nanmamudra* (Chief Minister’s Shield) 2024.
- Bhoomika P. S. – Two gold medals in District Karate Championship (2024 & 2025).

DEPARTMENT OF ENGLISH

The English Literary Association remained highly active, organizing its inauguration, achievers’ honouring ceremony, fresher’s programme “Nevermore Academy,” alumni meet Nostos 2026, and a series of inter-house competitions. The department also hosted Manorama Hortus and Radio Mango as part of Kerala Day celebrations, along with various cultural programmes. Major academic initiatives included a one-day National Seminar on Ecocritical Readings, a workshop on

Kerala Renaissance with an exhibition, and a Research Methodology workshop focusing on academic writing and citation practices. The department conducted motivational sessions for students and regularly engaged in extension activities by offering English language training at Thirumoolavilasam UP School.

The intercollegiate literary fest MUSES 2026 was organized with wide participation from institutions across the state. The department also actively observed significant days including World Environment Day, Reading Week, Independence Day (Rang-e-Bharat), Gandhi Jayanti, Teachers' Day, and World Peace Day through creative and participatory programmes such as competitions, performances, and a dramatic enactment. Publications such as the manuscript magazine *Phoenix* and the biannual newsletter *Spectator* reflected the creative and intellectual output of the department. NCC participation brought recognition at national-level competitions, and sports involvement was also notable. Research activities continued under recognized research guides, with 11 research scholars enrolled and new PhD registrations during the year. The department also conducted a memorial service in honour of the late Dr. C. S. Philipose, remembering his lasting contribution to the institution.

Faculty Achievements

- Dr. Susan Thomas – Published paper on caste, gender, and structural violence in *International Journal of Research and Analytical Reviews* (2025).
- Ms. Sheeba K Jacob – Published paper on transgender identity in *The Basilius Researcher*.
- Dr. Teena T Elizabeth – Published paper on postcolonial cultural assimilation.
- Dr. Neema Susan Mathews – Published paper on gender and social dynamics in *The Literary Herald* (2025).
- Dr. Ansa C Prasad – Contributed paper to international conference proceedings (to be published by Taylor & Francis).
- Dr. Renjith Joseph – Member, UG Board of Studies.

Student Achievements

- Karishma Elizabeth Geevarghese – Secured 2nd Rank in MA Degree Examination (2025).
- Gautham R Chandran – Secured 3rd Rank in MA Degree Examination (2025).
- Preethi Anu Jose – Published research paper on climate change and environmental humanities (Exploro 2025 Conference Proceedings).
- Jiffin Scaria – Published research paper on *Goat Days*; also published poem *Echoes of the Unheard* and short story *Echoes Beneath the Tin Roof* in anthologies.
- Nandana Benoy Kumar – Presented and published paper on socio-psychological perspectives in literature (KSOU, Mysore).
- Christy M Wilson – Presented paper on memory and cultural identity in literature (Catholicate College).
- Deon Varghese Reni – Second Prize, Environment Day Poster (Dept. of Zoology); First Prize, Hiroshima-Nagasaki Poster Competition (Dept. of Chemistry); Second Prize, Poster Competition (NSS).
- Mervyn Abraham – Third Prize, Environment Day Poster (Dept. of Zoology).
- Joel Thomas, Shaino Elsa Renji, Sean Ann Kuruvilla – Second Prize, Reading Day Competition (Library & IQAC).
- Rohan Abraham Moncey & Safin Thomas Cherian – First and Second Prize, Elocution Competition (NSS).
- Shaino Elsa Renji & Sean Ann Kuruvilla – First Prize, Basheer Day Quiz (Library & IQAC); Third Prize, Debate Competition (St. Aloysius College, Edathua).

- Shaino Elsa Renji – Third Prize in Essay Writing, Elocution, and Poem Writing (Meraki 2026).
- Safin Thomas Cherian – Second Prize, English Extempore (YMCA Thiruvalla).
- Anna Elizabeth Raju – Second Prize, Light Music (YMCA Thiruvalla); Second Prize, Solo Singing (CAUSERIE Fest, SB College); Second Prize, MG Soman Foundation Vayalar Smriti Competition.
- College Choir Team (including Alex Prasad, Rohan Abraham Moncey, Anna Elizabeth Raju, Aswani Mohan, Mercy Varghese, Nessa Charles) – Second Prize, Carol Competition (Christian College, Chengannur).
- Adith Vijay, Shubin Thomas & Sandra S – Second Prize, Treasure Hunt (SB College, Changanacherry).
- Under Officer Goutham Prasad – Represented Kerala & Lakshadweep Directorate at IDSSC 2025; won Silver Medal in shooting competition.
- Hrithvik P Harilal – Participated in TSC-IGC Obstacles Training and Army Attachment Camp (2026).
- Adith Vijay – Secured 6th position in MG University Swimming Competition.
- Milan Amanath – Awarded Man of the Match in U-19 Cricket Tournament.

DEPARTMENT OF MALAYALAM

During the academic year 2025–2026, the Department of Malayalam actively engaged in academic and literary activities while offering a range of courses under the FYUGP scheme. The department organized co-curricular programmes such as an elocution competition and a poetry writing competition, encouraging students to develop their linguistic and creative skills. Faculty members also contributed to university-level academic responsibilities and participated in scholarly engagements, thereby strengthening the academic environment of the department.

Faculty Achievements

- Dr. Shiny Thomas – Served as Examination Coordinator for Fourth Semester FYUGP course, Mahatma Gandhi University, Kottayam.
- Dr. Shiny Thomas – Edited the book *Kavithavedhi* (includes her poem *Kalppadavukal*).
- Dr. Shiny Thomas and Dr. Kesia Mary Philip – Served as question paper setters for various universities.
- Dr. Kesia Mary Philip – Presented paper titled “*Imaginations That Erase Borders: A Study Based on the Novel ‘Pattunoolpuzhu’*” at a National Seminar.
- Dr. Kesia Mary Philip – Completed Refresher Course in Comparative Indian Literature (UGC–MMTTC, University of Kerala).

DEPARTMENT OF MATHEMATICS

The Department of Mathematics had an academically vibrant year during 2025–26, marked by engaging and student-centered initiatives. The Mathematics Association was inaugurated on 26 September 2025, followed by a Freshers’ Day that encouraged interaction among students. Fibonacci Day was celebrated on 24 November 2025 through quizzes and discussions, fostering curiosity about mathematical concepts in nature. The department also organized an intercollegiate quiz competition, “Battle of Brains 2025,” on 12 December 2025, promoting analytical thinking and participation from various colleges. In addition, the department published its annual magazine *Almagest*, showcasing student creativity and academic engagement.

Student Achievements

- Mr. Padmachandran S (II M.Sc. Mathematics) won the Pounce Champion Trophy in the KSEB Power Quiz.
- Ms. Raniya I P (II B.Sc. Mathematics) participated in OFCM 2025 and InitMath 2025 at NIT Puducherry.
- Mr. Padmachandran S secured First Prize (College & District Level) in the Chief Minister's Mega Quiz.
- Ms. Raniya I P secured Second Prize (College & District Level) in the Chief Minister's Mega Quiz.

DEPARTMENT OF POLITICAL SCIENCE

The Department of Political Science had a productive academic year with a focus on academic enrichment and student development. The Political Science Association was inaugurated along with the launch of an Add-on Course for Civil Service aspirants, with Mr. Jacob Punnoose IPS as the Chief Guest. The department organized *Epiphany*, a Christmas celebration, fostering a sense of community among students and faculty. In collaboration with the Department of Commerce, the department conducted BUDTALK 2K26, a seminar on the Union and Kerala State Budgets, which encouraged critical understanding of economic and political issues. The department also supported student progression into higher education, competitive exams, and diverse professional fields.

Faculty Achievements

- Dr Remya R published a paper titled “Brain Drain or Brain Gain :An Analysis of Indian Student Migration to Developed Countries” in *ISDA Journal: Studies in Development and Public Policy*

Student Achievements

- Ms. Anna Susan Sabu secured 5th rank in the University Examination (March 2025).
- Ms. Megha Felix represented MG University in intercollegiate and South Zone athletic competitions and was also selected to the football team.
- Mr. Anuvud A secured first prize in a Photography Competition at EZPERO 3.0, won prizes in the Kerala State Arm Wrestling Championship, and secured first place in a UG-level Business Quiz at Mount Zion Institute of Management.

DEPARTMENT OF ZOOLOGY

The Department of Zoology had a vibrant year marked by academic, extension, and outreach activities. The department observed several national and international days, including World Environment Day, World Health Day, and World AIDS Day, creating awareness among students. It organized the Fifth Kiran Memorial Lecture and career orientation programmes on emerging fields such as medical coding and hospital administration. Freshers' Day and Christmas celebrations fostered a sense of community within the department. Extension activities included an exhibition conducted at Syrian Jacobite Public School. The department also conducted interdepartmental competitions, participated in intercollegiate events, and organized its Annual Alumni Meeting, strengthening institutional connections.

Faculty Achievements

- Dr. Susan Thomas published a research paper on marine gastropods and edited the textbook *Science of Behaviour*.
- Dr. Raju Thomas K. published a research paper on ichthyofaunal diversity in the Pampa River.

Student Achievements

- Ms. Aneesha Saji received the Prof. George Abraham Memorial Endowment and secured highest marks in Zoology (1309/1400, 93.5%).
- Ms. Monisha K. Mathew secured Second Rank in M.Sc. Zoology (MG University, March 2025).
- Ms. Anju Ajan Chacko qualified K-TET (2025).
- Ms. Renjini K. J qualified CSIR-JRF (2025).
- Ms. Ann Riya Philip (Guest Faculty) qualified CSIR-NET.

DEPARTMENT OF PHYSICAL EDUCATION

The Department of Physical Education, Mar Thoma College, Tiruvalla, had a vibrant year in 2025–26, actively promoting fitness, teamwork, and competitive spirit through a range of activities and achievements. National Sports Day was celebrated with a football match, and an intramural women's football tournament helped identify emerging talents. An Ayurvedic Health Clinic was also organized to promote holistic well-being.

The department successfully hosted major tournaments, including the South Zone Pool B Football Championship and Pool C Cricket Championship, with Mar Thoma College emerging champions in both. Teams were trained across multiple disciplines such as football, hockey, cricket, softball, and swimming, and students participated widely in intercollegiate and university-level competitions.

The department recorded notable achievements, with the MG University Women's Hockey Team emerging champions, Women's Football Team securing runners-up position, Men's Football Team becoming Zone B champions and runners-up in the Devamatha Cup, and Men's Cricket Team winning the Zone C championship. Students also represented MG University and the state in various national-level competitions, reflecting strong individual performance.

Faculty Achievements

- Mr. Britto Clemmy J served as Head Coach of the MG University Women's Football Team.
- Mr. Britto Clemmy J also served as Team Manager of the MG University Men's Football Team, which secured third place in the All India Inter-University Championship.
- Ms. Swathy K.K. served as Team Manager for MG University Judo Team at the South Zone Inter-University Championship, Bhopal.
- Ms. Swathy K.K. served as Team Manager for MG University Women's Athletics Team at the Khelo India University Games, Jaipur.

Student Achievements

- 11 players represented MG University in the South Zone Inter-University Women's Hockey Championship.
- 8 players represented MG University in the South Zone Inter-University Women's Football Championship.
- Mr. Shine Jacob participated in the South Zone Inter-University Cricket Championship.
- Mr. Karthik K. Murali represented Kerala State in a South India Cricket Tournament.
- Several students represented Pathanamthitta District in All Kerala Inter-District Football Championships.

CLUBS AND ASSOCIATIONS

ACADEMIC CELL

During the year, the Cell convened a committee meeting to discuss and plan academic initiatives, with a focus on organizing invited talks and programmes aligned with emerging trends in higher education. As part of its activities, the Cell organized an invited talk on 16 December 2025 in the Seminar Hall. The session was delivered by Dr. Ebie Mavelil Sam, Chief Technology Officer (CTO) at Plumfin, Kochi, on the topic “The Science of AI, and a Walkthrough of Recent Tools for Learning and Research.”

The programme witnessed the participation of around 40 students and provided valuable insights into contemporary developments in artificial intelligence and its applications in academic research.

THE ASTRONOMY CLUB

The Astronomy Club of Mar Thoma College, Tiruvalla, actively promoted interest in space science during 2025–2026. As part of World Space Week celebrations, an Interdepartmental Quiz Competition was organized on 9 October 2025 in collaboration with the Department of Physics, with participation from 23 students across departments. The quiz covered topics such as the solar system, astronomy, and space exploration. Chandana Lakshmi Santhosh (III DC Botany Model II) secured first prize, followed by Swathy Satheesh (I M.Sc. Physics) and Hanna Rachel Shibu (II M.Sc. Analytical Chemistry). The programme successfully encouraged interdisciplinary learning and scientific curiosity among students.

THE MEDICAL CLUB

The Medical Club was active during 2025–2026, organizing health awareness and wellness programmes for students. The activities were inaugurated on 28 July 2025 with a session on “Ayurveda Care for Monsoon Season” led by Dr. Harikumar B. A Cancer Awareness programme was conducted on 16 September 2025 by Dr. Minu Luckose, highlighting preventive healthcare. World Ayurveda Day was observed on 24 September 2025 with a session on “Ayurveda for People and Planet,” including participation from international students. On 26 September 2025, a Women’s Health awareness session, yoga training, and an Eye Check-up Camp were conducted with medical experts, promoting holistic well-being. The club also organized the Healthy Kerala Campaign 2026 in collaboration with the Department of AYUSH and National AYUSH Mission, reinforcing its commitment to student health and awareness.

LENS CLUB

During the academic year, the Lens Club actively documented all major college programmes, including academic seminars, cultural festivals, association activities, and official events. The club also organized photography and reels competitions, encouraging creative expression among students. A significant contribution of the club was providing photographs for the IQAC Annual Calendar, thereby supporting institutional documentation. In recognition of their dedicated efforts, the college management provided incentives for the projects undertaken by the club members.

LITERARY SOCIETY

The Literary Society of Mar Thoma College, Tiruvalla, functioned actively during the academic year 2025–2026 with the objective of fostering reading habits, creative writing, and critical thinking among students.

The Society aimed to move beyond traditional literary activities and explore innovative approaches such as digital storytelling. Through its initiatives, the Society successfully encouraged students to engage in creative expression and meaningful discourse. The activities conducted

during the year contributed to the development of communication skills and literary awareness among students

MAR THOMA STUDENTS' ASSOCIATION (MTSA)

The Mar Thoma Students' Association (MTSA) had a spiritually enriching year during 2025–2026, fostering fellowship, service, and faith formation under the theme “CHAT-JPT” (Chat about Jesus Powered Transformation). The year began with a Holy Communion service on 10 July 2025 led by Rt. Rev. Dr. Euyakim Mar Coorilos Suffragan Metropolitan. The association was officially inaugurated on 25 July 2025 by Rev. Shajin Shaji. A series of spiritual programmes followed, including Holy Communion services, alumni interaction, and a Whole Night Prayer at Kadavil Maalika, Kallisserry.

MTSA organized Expressions '25, an intercollegiate fest, and conducted Christmas activities including carol rounds and an outreach programme at Navjyoti School, Thelliyoor. The Annual Camp at Mar Thoma Meadows, Kumily (16–18 January 2026) provided opportunities for reflection and spiritual growth. The association also conducted the Maramon Kuttipanthal Meeting in connection with the Maramon Convention, featuring prominent speakers, thereby strengthening the spiritual engagement of students.

NATIONAL CADET CORPS (NCC)

The NCC Unit of Mar Thoma College, Tiruvalla, had an active and eventful academic year during 2025–2026, marked by extensive participation in camps, social service initiatives, and notable achievements of cadets.

The unit was led by Lt. Raison Sam Raju, Assistant Professor in Commerce and Company Commander, under the guidance of the Commanding Officers of 15 (Kerala) Battalion.

Major Achievements of Cadets

- Cadets of the unit actively participated in national-level camps and competitions, bringing recognition to the institution.
- Cadets represented the NCC Kerala & Lakshadweep Directorate in prestigious events such as the Inter Directorate Sports Shooting Competition and All India Thal Sainik Camp, New Delhi.
- Several cadets participated in mountaineering camps at Uttarkashi, trekking camps in Kerala and Tamil Nadu, Army Attachment Camps organized by the Indian Army, and Ek Bharat Shreshtha Bharat camps.
- Notably, Cdt. Sneha D. S. secured a Bronze Medal in the Inter Group Shooting Competition.
- Placements
- The NCC unit takes pride in the placement of its cadets in defence and public service sectors:
 - Cadets were recruited as Civil Police Officers in Kerala Police
 - Cadets joined the Indian Army in General Duty and Defence Regiment positions
- Social Service Activities
- The NCC unit actively engaged in community service throughout the year.
- Cadets conducted a “Back to School” initiative, cleaning a government school and distributing study materials.
- Environmental awareness programmes were organized on World Environment Day, including tree planting, campus cleaning, and launching a plastic-free campaign.

- The unit organized medical camps in association with hospitals and resident associations, and actively supported the Pulse Polio Campaign.
- Regular community service included meal distribution under the “Vishappu Rahitha Tiruvalla” project, visits to old age homes, anti-drug awareness campaigns, and observance of important national days such as NCC Day and Republic Day.
- Cadets also assisted traffic police in managing traffic during public events.

NATIONAL SERVICE SCHEME (NSS)

The NSS Units (25A, 25B, and 510) of Mar Thoma College, Tiruvalla, functioned actively during the academic year 2025–2026, promoting social responsibility, community engagement, and holistic development among students.

The units, comprising around 300 volunteers, were guided by Programme Officers Dr. P. J. Varghese, Dr. Sreelatha P. V., and Dr. Anitha George Varghese.

Major Activities

- The NSS units organized a wide range of programmes addressing environmental awareness, health, and social issues.
- World Environment Day was celebrated through eco-friendly initiatives such as paper bag distribution and sapling planting.
- The units actively participated in job fairs, awareness campaigns on drug abuse, and conducted programmes in collaboration with government agencies and NGOs.
- Medical camps, including eye check-up, dental, and blood donation camps, were organized for the benefit of the community.
- Special Camp and Outreach Activities
- A seven-day Special Camp was conducted at Peringara, focusing on community service, socio-economic surveys, sustainable practices, and awareness programmes.
- Volunteers undertook initiatives such as book donation drives, skill training, eco-friendly product promotion, and community interaction programmes.
- Awareness and Social Initiatives
- The NSS units organized various awareness programmes, including:
 - Anti-drug campaigns and flash mob competitions
 - Cyber crime awareness sessions
 - Disaster management training by NDRF
 - Palliative care awareness programmes
- Volunteers also participated in Walkathons and cleanliness drives as part of national campaigns.
- Community Service and Extension Activities
- The NSS units demonstrated strong commitment to social welfare through activities such as:
 - White Cane Rally in support of visually impaired individuals
 - Waste collection and campus cleaning drives
 - Distribution of meals to hospital bystanders
 - Christmas outreach programmes in adopted schools
 - Technical support for government initiatives such as voter data verification

- The Snehaveedu Project, implemented in association with the K. Chittilappilly Foundation, resulted in the construction of houses for the underprivileged. Additionally, the “Ente Kunjadu” project promoted self-sufficiency through livestock distribution.
- Participation in Camps and Programmes
- NSS volunteers actively participated in university-level and national-level programmes, including leadership camps, adventure camps, and national integration camps, enhancing their skills and exposure.
- The NSS units successfully upheld the motto “Not Me, But You” by fostering compassion, service-mindedness, and responsible citizenship among students.

ACADEMIC ENRICHMENT PROGRAMMES (AEP)

The Academic Enrichment Programmes emphasized experiential learning through internships, field visits, laboratory exposure, and skill-based training.

The programmes covered diverse domains:

Language: Let’s Speak (Department of English)

Mathematics: Climb with Math 2K25 (Department of Mathematics)

Technical Skills: Electrical Equipment Maintenance & Solar Installation (Physics); Certificate in Computational Modelling (Chemistry)

Health and Life Sciences: Certificate in Medical Coding (Zoology); Mushroom Cultivation for Startups (Botany)

Cultural Studies: Certificate in Vattezhuthu (History)

Commerce and IT: ACCA, CMA, Tally, Python, MS Office, DCA, PGDCA (Commerce and Computer Applications in collaboration with C-APT, Government of India)

These programmes equipped students with practical and employable skills aligned with current global and industry demands.

COUNSELLING CENTRE

The Counselling Centre actively supported students’ mental health and emotional well-being.

During the academic year:

77 individual counselling sessions were conducted by the Student Counsellor

25 sessions were conducted by the Jeevani Psychologist

5 group sessions were organized focusing on stress management, exam anxiety, and confidence building

The Centre also facilitated visits for B.Ed. students to external counselling centres and organized parent meetings to ensure holistic student support.

ENTREPRENEURSHIP DEVELOPMENT CLUB AND CENTRE FOR INNOVATION AND INCUBATION

Electrical and Plumbing Workshop

A Smart Skills Workshop on Electrical Switchboard Making and Plumbing Basics was organized on 11 February 2026 by the Department of Physics, Entrepreneurship Development Club, and Centre for Innovation & Incubation.

The programme provided hands-on training in wiring, circuits, and basic plumbing, promoting self-employment skills. Dr. I. John Berlin served as the resource person and coordinator.

PHOTOGRAPHY AND ARTISTRY CLUB

Art Heritage Workshop

The Photography and Artistry Club organized “Art Meet Heritage: Live Painting and Indian Knowledge” on 9 October 2025. The session was led by Mr. Suresh T.R., who demonstrated techniques integrating traditional and modern art forms.

Digital Art Programme

A programme titled “Digital Art and Creativity: Skills to Career” was conducted on 16 February 2026 by the Photography and Artistry Club in association with the Entrepreneurship Development Club. The session was handled by Ms. Janvi Mary Sam, who introduced students to digital art techniques, career opportunities, and entrepreneurial prospects in creative industries.

SCIENCE FORUM

The Science Forum, in association with IQAC, organized Nobel Talks and an Interschool Nobel Quiz Competition on 24 October 2025. Faculty members presented sessions on the 2024 Nobel Prize themes, and the quiz competition witnessed participation from various schools.

COLLEGE CHOIR

The College Choir actively participated in various programmes:

Christmas Carol “Bethlehem Rhapsody” (17 December 2025)

Second Prize in Chorus 25 at Christian College, Chengannur

Carol singing at Snehabhavan Kombady

Musical support for major college events

COMPUTER INSTITUTE SERVICES

The Institute of Computer Science, functioning as a C-APT franchise, offered courses such as DCA, PGDCA, Tally, MS Office, and Python. The Computer Centre also provided reprographic services including photocopying and scanning.

STUDENT CHRISTIAN MOVEMENT (SCM)

The SCM conducted regular weekly meetings in the college chapel, focusing on discussions, talks, and spiritual engagement. Volunteers also participated in outreach activities, and students attended leadership camps.

UGC NET/JRF COACHING

Weekend coaching classes were conducted for UGC NET/JRF aspirants under the guidance of Mr. Subin John Mathew. Around 35 students attended the sessions, which included mock tests and exam strategies.

WOMEN CELL AND WOMEN EMPOWERMENT CELL

The Women Cell organized programmes focusing on awareness and skill development:

Pre-marital counselling session (14 October 2025)

Candle-making workshop (16 December 2025)

These programmes addressed important social issues and encouraged skill development among students.

ALUMNI ASSOCIATION

The Alumni Association had a productive year with the official registration of the Alumni Association Trust on 31 December 2025 and the launch of a digital communication system with online payment facilities. Major events included the Annual Alumni Family Get-together on 15 August 2025 and the Annual Get-together and General Body Meeting on 26 January 2026, where the Association released its newsletter and honoured retiring staff and meritorious students. The Association is also planning a Grand Alumni Meet in August 2026 in connection with the 75th year celebrations of the college.

PTA

The Parents teachers Association has proved to be the backbone for the academic activities of the college, extending ample support to it.

FORT

The Forum of Retired Teachers (FORT) remains a vital extension of the college, and it is truly encouraging to see our former faculty members maintain such an active and dedicated interest in its initiatives.

HOSTELS

The College has two women's hostels providing accommodation to around 300 students. Mrs Rachel Koshy and Mrs Kunjumol serve as hostel wardens of the New Hostel and Old Hostel respectively.

COUNCILS AND MEETINGS

The Governing Council of the college met many times during the year, giving vital instructions and directions regarding the administration and development of the college. The Staff Council also met regularly and took decisions on matters pertaining to internal administration and academic projects.

Each department, club, committee, and association has contributed immensely to the holistic development of students, fostering academic excellence, leadership, and community engagement. Their efforts continue to uphold the values and vision of our institution.

CONCLUSION

The academic year 2025–26 has been a period of significant growth and accomplishment for Mar Thoma College, Tiruvalla. Our campus has flourished as a vibrant center for academic rigour, creative expression, and community service, driven by the collective enthusiasm of our students and faculty. This year has been marked by notable academic achievements, excellence in extracurricular pursuits, and impactful social initiatives that have furthered our institutional mission. These milestones are a testament to the unwavering dedication of our faculty, the commitment of our students, and the visionary guidance provided by the Management. I also wish to express my sincere gratitude to our non-teaching staff, parents, alumni, and well-wishers, whose steadfast support remains vital to our progress. As we look toward the future, let us remain united in our pursuit of excellence, continuing to uphold the values and traditions that distinguish Mar Thoma College.