



# MAR THOMA COLLEGE, TIRUVALLA

*Education **par excellence** and Educated for the Society*

(Accredited with A-Grade by the National Assessment and Accreditation Council - NAAC)

Affiliated to Mahatma Gandhi University, Kerala [www.mtct.ac.in](http://www.mtct.ac.in)

Kuttapuzha P. O., Tiruvalla, Kerala - 689 103, India, Ph: 0469 2630342

## IQAC Annual Report 2025-2026

### Introduction:

The Internal Quality Assurance Cell (IQAC) of Mar Thoma College, Tiruvalla, has been actively engaged in promoting quality initiatives and ensuring the continuous improvement of the institution. This annual report highlights the various activities and initiatives undertaken by the IQAC during the academic year 2025-2026.

### Student Orientation Programmes

#### Opening Assembly and Orientation Programme:

The IQAC conducted an orientation session during the Opening Assembly and Orientation Programme for first-year PG students on July 8. Dr Sonia Anna Zachariah, the IQAC Coordinator, provided an informative overview of the college, highlighting its academic facilities and resources available to support students in their studies. The orientation aimed to familiarise incoming students with campus life and academic expectations, ensuring a smooth transition into their postgraduate experience.

#### Deeksharambh Induction Programme and Entry Level Assessment Test (ELAT):

The IQAC conducted an orientation session for first-year MGU UGP students during the Deeksharambh Induction Programme held from July 14 to 17. This session also provided a comprehensive overview of the college, focusing on the academic facilities and resources designed to support students in their studies. The orientation emphasised familiarisation with campus life and academic requirements. Additionally, on the final day of the programme, an Entry Level Assessment Test (ELAT) was conducted on behalf of the IQAC.

### Awareness and Counselling Sessions

#### Counselling Session for Students:

The IQAC associated with the Counselling Centre and Jeevani Centre for Well-being, in organising a counselling session for students on the theme 'Changing the Narrative on Suicide' on September 23, led by Ms Janet Mariam Thomas, the College Psychologist.

**District-level Awareness Class:**

The IQAC, Excise Department Vimukthi Mission, Pathanamthitta, and Sradha – Nerkootam, in collaboration with The Kerala State AIDS Control Society, organised a District-level Awareness Class for College Students in connection with World AIDS Day on December 12. The class was led by Sri Jose Cherian, Counsellor, Jawahar Migrant Suraksha Project Kottayam (KSACS).

**Faculty Oriented Programmes****Faculty Retreat Programme:**

The IQAC-organised Faculty Retreat for the academic year 2025-26 was held on June 2. The keynote speaker was Dr KK John, former Principal of Titus II Teachers Training College, Tiruvalla, whose address inspired the faculty and boosted their energy for the new academic year.

**Faculty Development Programme:**

The IQAC organised a Faculty Development Programme (FDP) on the topic “Faculty’s Impact on Student Placement: Best Practices and Strategies” on August 1. Dr Usha Titus, IAS (Retd), was the resource person for the programme.

**Eight-Day NEP Orientation:**

The Eight-Day NEP Orientation and Sensitisation Programme was organised by the UGC–Malaviya Mission Teacher Training Centre in collaboration with IQAC, Mar Thoma College, Tiruvalla, Farook Training College, and Keveeyem MES College. The programme was conducted online from October 6 to October 15, with sessions scheduled each day. The course recorded about 190 registered participants from higher education institutions across India, representing diverse disciplines and roles such as professors, assistant professors, tutors, and research scholars. Dr Merin Sara Thomas served as convenor.

**Observance of National and International Days****International Yoga Day:**

The IQAC collaborated with the Indian Knowledge System Forum and the National Service Scheme (NSS) units, in conjunction with the Ayurveda Medical Association of India, Tiruvalla area, to celebrate International Yoga Day on June 19, 2025. The event was a resounding success, featuring an enlightening talk and engaging yoga sessions led by esteemed speakers, Dr Unnimaya Rajeev, Secretary of the Ayurveda Medical

Association, and Dr Athira G, a dedicated member of the association. Participants expressed their appreciation for the valuable insights shared during the talk, as well as the rejuvenating yoga practices that promoted physical and mental well-being.

#### **National Reading Day:**

The IQAC in association with the college library organised a series of engaging activities to celebrate National Reading Day. On June 19, a quiz competition was conducted, led by Quiz Master Dr Vishnu Namboodiri KM. The following day, June 20, a special library visit was arranged for the students of Manjadi Sevika Sangam school. During this visit, alumnus Mr Mathew Koshy hosted an inspiring session, while Library Assistant Mr Bobi Thomas provided valuable assistance and generously gifted books to the students. Additionally, an essay competition was held on June 20, coordinated by Dr Shiny Thomas, further encouraging a love for reading and writing among participants.

#### **International Day Against Drug Abuse:**

The IQAC and NSS units jointly observed the International Day Against Drug Abuse 2025 on July 2, in association with the Social Justice Department of Pathanamthitta and the Navadarshan De-addiction Centre, Kidangannoor. An awareness class was conducted by Rev Abhishek Dan Oommen, Director of the Navadarshan De-addiction Centre, Kidangannoor. The theme talk on "Breaking the Chains: Prevention, Treatment, and Recovery for All" was led by Sri Binu V Varghese, Preventive Officer and Vimochana Mentor for Pathanamthitta District.

#### **Basheer Day Quiz Competition:**

On behalf of IQAC and the College Library, a quiz competition was conducted as part of Basheer Day on July 18. Dr Neema Susan Mathews, Faculty, Department of English, served as the quiz master. The winners were:- First place: Shaino Elsa Renji & Sean Ann Kuruvilla (III BA English) Second place: Muhammed Bilal & Rishi Shine (III BSc Physics) Third place: Ajmal S (III BSc Botany), Chandana Lekshmi Santhosh (III BSc Botany) Krishna Sen & Khadija N (III BA History).

#### **Hiroshima Day Quiz Competition:**

In commemoration of Hiroshima Day, the IQAC and the College Library jointly organised a quiz competition to honour the victims of the atomic bombings and promote awareness about the significance of global peace and disarmament on August 6. The event aimed to educate the student community on the historical context, the devastating human cost, and the enduring message of peace that emerged from this

tragic event. The winners were:- First place: Muhammed Bilal and Jithu V C (III BSc Physics) Second place: Chandana Lakshmi Santhosh and Ajmal S (III BSc Botany) Third place: Aryamol S and Namitha T S (I BSc Chemistry), Varsha S (II BA Political Science) & Anju Mary Thomas (II BA Economics), Teena Sabu (II BA History) & B Alakanantha (II BA Political Science).

## **Regular Activities**

### **Yoga Sessions:**

Regular Yoga Sessions were held at the college every Thursday as part of the weekly wellness initiative organised by IQAC, NSS, and the Indian Knowledge System Forum. The sessions were led by Dr Vishnu Namboodiri KM.

### **Quizzards - Quiz Competition Series:**

The IQAC, in collaboration with the College Library, organised the Quizzards quiz competition series for PSC aspirants. This series consisted of multiple sessions on July 23, August 8, and September 24, with Dr Mathew Sam and Mr Arun Cheriyan Abu serving as the quiz masters. The grand finale, 'Quizzards Challenge,' was held on February 24, with Dr Sumayya Abdul Rahim as the quiz master.

## **Skill Development Programmes**

### **Skill Development and Career Planning:**

The IQAC and the Centre for Skill Development Courses and Career Planning (CSDCCP), in association with ASAP, Kerala, organised an orientation programme on "Skill Development and Career Planning" on August 1. Dr Usha Titus, IAS (Retd), was the chief guest and inaugurated the function. Mr Krishnan Koliyot led the orientation session for students.

### **NSDC Aligned Skill Courses:**

The inauguration of the two skill courses, Data Analysis and Assistant Dress Maker, was held in association with IQAC, JSS, and Youth Skill Employability Training on October 17. Ms Sreelatha K, Chairman of JSS Pathanamthitta, inaugurated the skilled courses, highlighting the importance of add-on skilled courses for gaining a competitive advantage. The Chief Guest, Dr Sarath S Nair, Additional Director of Youth Employability Skill Training, addressed the gathering, emphasising the significance of the two chosen courses. This was followed by a keynote speech from Ms Amrutha S, Director of JSS

Pathanamthitta, explaining the details of the courses. Ms Anju Mariam John serves as the Course Coordinator.

### **Seminars and Workshops:**

#### **National Seminar:**

The IQAC and College Library jointly organised a national seminar titled 'Role of Libraries in the Changing Higher Education Landscape' on August 18. Fr Dr John Neelankavil CMI, Librarian and Faculty at DVK Pontifical Athenaeum, Bengaluru, was the resource person. The event aimed to explore innovative strategies and best practices for libraries to remain central to the academic and research ecosystem.

#### **One-Day National e-Seminar:**

The IQAC and Department of Hindi, in association with Shachar Hindi Sangathan, New Delhi, organised a one-day national e-seminar on 'Hindi in the Global Scenario' on September 12. Scholars and students from across the country participated and explored the significance, challenges and opportunities of the Hindi language in the global context.

#### **One-Day Workshop:**

The IQAC and Photography and Artistry Club, jointly organised a one-day workshop on Live Painting and Indian Knowledge on October 9. The inauguration of the Photography and Artistry Club activities for the academic year was held on this occasion. Mr Suresh TR, Director of Prussian Blue Art Hub and Gaya Art Gallery, Kochi, served as the chief guest and resource person. Dr I John Berlin served as convenor.

#### **One-Day National Seminar:**

The IQAC collaborated with the Postgraduate Forum of the Department of English in organising the one-day national seminar on "Ecocritical Readings: Exploring the Human-Nature Dialectics" on October 24. Dr Suja Kurup PL, Professor, Institute of English and Director, Centre for Australian Studies, University of Kerala was the chief guest.

#### **International Webinar:**

The IQAC and Department of Hindi, in association with Sahchar Hindi Sangthan, New Delhi and collaborating institutions, organised an international webinar on November 14 and 15 on the topic Gandhi's Literature and Gandhi in Literature. Resource persons were Dr Suresh Pandey, Dr Vivek Mani Tripathi, and Dr Suresh Chandra Shukla. Eighty-three

participants attended. The seminar focused on exploring Gandhi's contribution to literature as well as his portrayal and influence within various literary traditions.

#### **Career Orientation Seminar:**

The IQAC collaborated with the PG and Research Department of Botany to organise a Research and Career Orientation Seminar titled 'Herbarium to High-Tech: Learning, Research, and Careers in a Rapidly Changing World' on January 30. The event featured Dr Biju Dharmapalan, a National Awardee of the Government of India and Dean of Academic Affairs at Garden City University, Bengaluru, as the keynote speaker. The seminar aimed to provide valuable insights into emerging research trends and expanding career opportunities in Botany and allied sciences. By bridging the gap between traditional studies and modern advancements, the session successfully benefitted the students.

#### **Merit Day:**

The IQAC organised Merit Day 2025 on August 12, honouring the UG (2022-25) and PG (2023-25) rank holders, position holders, and A+ holders in the MG University examinations. Rt Rev Dr Joseph Mar Barnabas Suffragan Metropolitan, was the chief guest.

#### **Nobel Talks:**

The IQAC collaborated with the Science Forum to organise the first edition of "Nobel Talks" and an Interschool Nobel Quiz Competition on October 24. The Nobel Talks featured six sessions by faculty members on the 2024 Nobel Prize themes. Each talk highlighted the laureates' discoveries and contributions, inspiring students to explore scientific and literary excellence. The Interschool Nobel Quiz saw participation from 15 teams representing 12 schools across Pathanamthitta, Kottayam, and Alappuzha districts. Mar Thoma Residential School won the first prize of ₹3000, followed by second and third prizes of ₹2000 and ₹1000 respectively. Mr Suneesh Jose, Member of Mar Thoma Higher Education Board and Chairman of Bangalore Christian College, distributed the prizes and certificates. All participants received certificates. Dr Josmin P Jose served as the convenor.

#### **International Outreach Programme:**

The IQAC and the Postgraduate and Research Department of Botany, in partnership with AK' Tenamit – The Guatemalan Tomorrow Fund, conducted the first session of the International Outreach Programme, 'The Science of Self-Sustaining Biospheres, on January 24. This knowledge-sharing initiative brought expertise from India to Guatemalan indigenous communities through hands-on workshops focussing on biosphere design, community ecology,

and youth-driven citizen science. The programme was led by Mr Kiran Kannan and Ms Manjusha Remith, while Dr Sonia Anna Zachariah (India) and Ms Linda Bedoya Tiul (Guatemala) served as the coordinators. The second session, held on February 28, was a practical session led by Ms Manjusha Remith. After a demonstration on terrarium making, participants followed the procedure to create their own self-sustaining ecosystems. By connecting diverse regions, the event successfully fostered meaningful global connections and promoted inclusive learning and sustainability.

### **Human Library Project (HLP)**

The IQAC collaborated with the Department of Chemistry and the College Library, to organise the Human Library Project (HLP) sessions.

#### **First Session**

The first session held on November 6 aimed to promote dialogue and understanding through shared life experiences of Rev Fr Bobby Jose Kattikadu, whose interaction with the panelists — Dr Ajesh K Zachariah, Dr Josmin P Jose, Dr Teena T Elizabeth, Mr Arun Cherian Abu, Mr Bobi Thomas, and Ms Ansu Anna Zachariah — centred on themes of life, philosophy, and personal formation. The audience actively engaged in the discussion, creating an intellectually stimulating and spiritually enriching atmosphere. The programme concluded with remarks by Dr Sonia Anna Zachariah, IQAC Coordinator, and the entire session was video recorded for archival in the College Library.

#### **Second Session**

The second session of the Human Library Project (HLP) was held on January 30. The main session featured Dr Reshmy Rajasekharan—a distinguished teacher, researcher, and entrepreneur—who presented her story titled, 'My Story: The Multi- Hyphenate Woman and Gender Politics.' Her narrative offered a profound exploration of the challenges and triumphs of balancing multiple professional identities while navigating the complex landscape of gender dynamics in modern society. This was followed by an engaging interaction involving a panel of faculty members, non-teaching staff and students.

### **Annual Academic Audit:**

The Annual Academic Audit was conducted on behalf of IQAC on January 20 and 21, 2026. Dr George K Alex, Dr Rajeev Thomas, Dr Kuncheria P Isaac, Dr Rajan Varghese were the members of the audit team. The team visited the departments and evaluated the presentations. During

the meeting with HODs, they shared their observations, suggestions, and recommendations for the college's improvement.

**Other Activities:**

The Mar Thoma College Calendar 2026 published by IQAC was released during the Christmas Carol Service held on December 17 .

Six IQAC committee meetings were held throughout the year. The IQAC Newsletter, "MTC Pulse," and its video version, "Rhythm of the Campus," were regularly published.

The Academic Calendar 2025-26 was published. Furthermore, KIRF, NIRF, All Kerala Higher Education Survey (AKHES), National Task Force (NTF) and AISHE data submissions were completed on time.

This report summarises the diverse activities and initiatives undertaken by the IQAC at Mar Thoma College, Tiruvalla, in promoting quality enhancement and development within the institution.

